



**Saturday, May 30, 2026**  
**Aresty Conference Center**  
**USC Health Sciences Campus**  
Hybrid Conference  
7:00 am - 3:25 pm

**The USC**  
**Peter A. Singer**  
**Thyroid Symposium 2026**

Keck School of Medicine of **USC**



*Presented By:*  
**USC Thyroid Center**  
*and USC Office of Continuing Medical Education*



# PROGRAM AGENDA

7:00 am **Live Registration Opens and Continental Breakfast**

7:45 am **Virtual Login Begins**

8:00 am **Directors' Welcome and Announcements**  
*Caroline T. Nguyen, MD and Trevor E. Angell, MD*

## **Morning Session I**

*Moderators: Trevor E. Angell, MD and Caroline T. Nguyen, MD*

8:10 am **Thyroid and Pregnancy Guidelines: What's New in the 2026 ATA Recommendations**  
*Caroline T. Nguyen, MD*

8:40 am **Playing the Long Game: Using Extended Methimazole Therapy for Graves' Disease**  
*Omar El Kawkgi, MD*

9:05 am **Questions and Answers with the Speakers**

9:20 am **Inpatient Essentials: Thyroid Management in the Hospital from Coma to Storm**  
*Trevor E. Angell, MD*

9:45 am **Is a Medication Causing It? Drug-Thyroid Interactions and Adverse Reactions**  
*Julie Chen, MD*

10:10 am **Questions and Answers with the Speakers**

10:25 am **Break**

## **Morning Session II**

*Moderators: Caroline T. Nguyen, MD and Trevor E. Angell, MD*

10:45 am **Thyroid Nodule Guidelines: What's New in the 2026 ATA Recommendations**  
*Sara Mayson, MD*

11:15 am **From Interpretation to Intervention: Optimizing Parathyroid Surgery**  
*Kevin T. Brumund, MD*

11:40 am **Questions and Answers with the Speakers**

11:55 am **Lunch**

## **Afternoon Session III**

*Moderators: Trevor E. Angell, MD and Caroline T. Nguyen, MD*

12:45 pm **Thyroid Cancer Guidelines: What's New in the 2026 ATA Recommendations**  
*Gregory A. Brent, MD*

1:15 pm **Overtreatment Dilemma: Thyroid Nodules and Cancer in Older Patients**  
*Maria Papaleontiou, MD*

1:40 pm **Imaging for Thyroid Cancer- When and What to Get?**  
*Andrew G. Gianoukakis, MD*

2:05 pm **Questions and Answers with the Speakers**

2:25 pm **On the Hot Seat: Finding Practical Answers to Challenging Thyroid Cases for the Panel**  
*Caroline T. Nguyen, MD and Trevor E. Angell, MD*

3:20 pm **Closing Remarks**  
*Caroline T. Nguyen, MD and Trevor E. Angell, MD*

3:25 pm **Adjourn**

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# FACULTY

## COURSE DIRECTORS

### **Trevor E. Angell, MD**

Associate Professor of Clinical Medicine  
Associate Medical Director  
USC Thyroid Diagnostic Center  
Division of Endocrinology and Diabetes  
Department of Medicine  
Keck School of Medicine of USC

### **Caroline T. Nguyen, MD**

Associate Professor of Clinical Medicine  
Associate Professor of Clinical Obstetrics  
and Gynecology  
Division of Endocrinology,  
Diabetes and Metabolism  
Department of Medicine  
Keck School of Medicine of USC

## GUEST FACULTY

### Faculty

### **Gregory A. Brent, MD**

Professor of Medicine and Physiology  
David Geffen School of Medicine at UCLA  
Senior Executive Academic Vice Chair  
of the Department of Medicine  
Los Angeles, CA

### **Kevin T. Brumund, MD**

Professor of Otolaryngology-Head,  
and Neck Surgery  
Advanced Head & Neck, Cranial/  
Orbital/Maxillofacial Surgery  
Scripps Prebys Cancer Center  
San Diego, CA

### **Julie Chen, MD**

Clinical Associate Professor  
Division of Endocrinology, Gerontology,  
and Metabolism  
Program Director,  
Endocrinology Fellowship Program  
Stanford University  
Stanford, CA

### **Omar El Kawkgi, MD**

Assistant Professor of Medicine  
Associate Program Director,  
Endocrinology Fellowship  
Division of Endocrinology, Diabetes,  
and Metabolism  
Department of Internal Medicine  
University of Kentucky  
Lexington, KY

### **Andrew G. Gianoukakis, MD, FACE**

Professor of Medicine  
David Geffen School of Medicine at UCLA  
Investigator, The Lundquist Institute  
at Harbor-UCLA  
Director, Thyroid Oncology Clinic  
Fellowship Program Director  
Chief, Division of Endocrinology, Diabetes,  
and Metabolism  
Harbor-UCLA Medical Center  
Torrance, CA

### **Sarah Mayson, MD**

Associate Professor, Medicine-  
Endocrinology/Metabolism/Diabetes  
Endocrinology Fellowship Program Director  
University of Colorado, Anschutz  
Aurora, CO

### **Maria Papaleontiou, MD**

Associate Professor  
Division of Metabolism, Endocrinology,  
and Diabetes  
Research Associate Professor,  
Institute of Gerontology  
Associate Program Director, MEND Fellowship  
University of Michigan  
Ann Arbor, MI

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## COURSE DESCRIPTION

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The clinical care of patients with thyroid disorders continues to change and develop. The USC Peter A. Singer Thyroid Symposium offers an essential update in the management of thyroid disease. Key topics will be presented focusing on the current state of thyroid medicine, using didactic and panel sessions, along with audience questions that incorporate evidenced-based strategies and forward-looking perspectives, emphasizing practical solutions to complex clinical scenarios. In this 2026 edition, key areas are highlighted for specialists and general providers alike, from key aspects of new national guidelines to selecting the best imaging; from managing thyroid emergencies to right-sizing thyroid cancer assessment in older patients. Whether the clinical scenarios are straightforward or complex, this symposium provides up-to-date solutions to complex clinical problems and enables providers to offer more personalized care and improve outcomes.

This year, the Thyroid Symposium will again be a hybrid program, offering options for in-person or virtual attendance.

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## COURSE OBJECTIVES

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By the end of the course, participants will be able to:

- Integrate new and modified recommendations from current guidelines for various thyroid conditions.
- Distinguish the diagnostic criteria and interventions for thyroid emergencies.
- Examine the evidence of treatment of Graves' disease with long-term methimazole therapy.
- Assess blood test and imaging results to inform treatment decisions for hyperparathyroidism and thyroid cancer.
- Identify medication-causes of thyroid dysfunction.

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## TARGET AUDIENCE

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This course is intended for endocrinologists, primary care providers, advanced practice providers and other allied health professionals. Head and neck surgeons, endocrine surgeons, and trainees seeking to increase knowledge and clinical skill in thyroid diseases.

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## ACCREDITATION STATEMENT

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The Keck School of Medicine of the University of Southern California is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

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## CREDIT DESIGNATION

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The Keck School of Medicine of the University of Southern California designates this live activity for a maximum of 6.5 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The following may apply *AMA PRA Category 1 Credit(s)™* for license renewal: Registered Nurses may report up to 6.5 credit hour(s) toward the CME requirements for license renewal by their state Board of Registered Nurses (BRN). CME may be noted on the license renewal application in lieu of a BRN provider number.

Physician Assistants: The National Commission on Certification of Physician Assistants states that *AMA PRA Category 1 Credits™* accredited courses are acceptable CME requirements for recertification.

# REGISTRATION

## The USC Peter A. Singer Thyroid Symposium 2026: May 30, 2026

Early-bird price for live and virtual registration ends May 26, 2026 at 12:00 pm, PDT. To register after May 26, 2026: Virtual registration adjusts to on-site price. For live registration, please register on-site.

Tuition:	Early-Bird	After May 26	Early-Bird	After May 26
	Live	Live	Virtual	Virtual
MD/DO	<input type="checkbox"/> \$175	<input type="checkbox"/> \$200	<input type="checkbox"/> \$225	<input type="checkbox"/> \$250
NP/PA/APP	<input type="checkbox"/> \$150	<input type="checkbox"/> \$175	<input type="checkbox"/> \$200	<input type="checkbox"/> \$225
RN/AH	<input type="checkbox"/> \$150	<input type="checkbox"/> \$175	<input type="checkbox"/> \$200	<input type="checkbox"/> \$225
Fellows/Residents/Students	<input type="checkbox"/> \$25	<input type="checkbox"/> \$25	<input type="checkbox"/> \$25	<input type="checkbox"/> \$25

**Cancellation:** Cancellations must be received by the USC Office of CME (fax or email) by May 26, 2026, 12:00 pm PDT, for a refund. A \$50 cancellation fee will be applied. In the event of course cancellation by conference organizers, all registration fees will be fully refunded.

**Location:** Catherine and Joseph Aresty Conference Center, in the lower ground level of the Harlyne J. Norris Cancer Research Tower on the USC Health Sciences Campus 1450 Biggy Street, Los Angeles, CA 90033

**Parking:** \$20 at Biggy Parking Structure (P8): 1334 Biggy Street at Zonal Avenue, Los Angeles, on the USC Health Sciences Campus. Follow posted directions in the parking garage to pay. The Office of CME does not control parking in USC structures and is not responsible for parking issues or citations.

**Register:** **Mail:** 1540 Alcazar Street, CHP 223, Los Angeles, CA 90033  
Mail-in registration must be postmarked by May 26, 2026.  
**Online:** [keckusc.cloud-cme.com/thyroid2026](https://keckusc.cloud-cme.com/thyroid2026) **Visa or Mastercard only**  
**Phone:** (323) 442-2555 | **AMEX, Visa or Mastercard**  
**Email:** [usceme@usc.edu](mailto:usceme@usc.edu)  
**On-site:** **Live registration:** Available May 30, 7:00 am, Aresty Conference Center.  
**Virtual registration:** Available until 9:00 am, PDT on May 30, 2026.  
Register at [keckusc.cloud-cme.com/thyroid2026](https://keckusc.cloud-cme.com/thyroid2026), Visa or Mastercard only.

NAME \_\_\_\_\_ DEGREE \_\_\_\_\_  
MEDICAL LICENSE NUMBER \_\_\_\_\_  
TELEPHONE \_\_\_\_\_  
ADDRESS \_\_\_\_\_  
CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_  
SPECIALTY \_\_\_\_\_  
EMAIL ADDRESS\* \_\_\_\_\_  
INSTITUTIONAL AFFILIATION \_\_\_\_\_  
SPECIAL DIETARY OR PHYSICAL NEEDS \_\_\_\_\_

We strive to accommodate dietary restrictions. Please note that not all food items may meet special requirements. Food items will be labeled for your convenience.

\*Registration confirmation and event reminder will be emailed.

### Method of Payment

No cash payment accepted.

- Check (Check payable to USC. Check payment must be postmarked by May 26, 2026)  
 Credit Card (Mastercard or Visa. American Express by Phone or Mail only.)

CREDIT CARD NUMBER \_\_\_\_\_

EXPIRATION DATE \_\_\_\_\_ SECURITY CODE \_\_\_\_\_

AUTHORIZED SIGNER \_\_\_\_\_ AMOUNT \$ \_\_\_\_\_



# Keck School of Medicine of USC

Office of Continuing Medical Education  
1540 Alcazar Street, CHP 223  
Los Angeles, CA 90033



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Thyroid Symposium 2026  
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Non-Profit  
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